# Qualification:

1. M.B.B.S: Kasturibai Medical College, Manipal India in 1997.

### **Position Held**:

Trained Family Practitioner Certified Nutrigenomic Practitioner Functional & lifestyle Medicine practitioner

# Experience:

- 1. Practicing Medicine for 22 years after completing medical degree in India.
- In 2013 created a medical practice called *The Living Clinic and Centre* in the suburbs of Kuala Lumpur.
- 3. Currently, practicing medicine that is proactive, predictive, preventive and personalized all at the same time.

### Certificates:

- 1. Hospital training : General Hospitals in Kuala Lumpur and Klang Malaysia.
- 2. Family Medicine : Malaysian Academy of Family physicians 2002-2004.
- 3. Member : Royal College of General Practitioners Australia 2004.
- 4. Nutrigenomic practitioner : Fitgenes, Australia.

5. Post graduate training module :Nutrigenomics/ Nutri-genetics and Cardio-Metabolic Syndrome, Australian College of Nutritional and Environmental Medicine.

- 6. Applied Functional Medicine : Institute of Functional Medicine USA in collaboration Clinical Practice (AFMC) with GuongZhau China in 2015.
- 7. International EECP Society Clinical Training Course Completed in 2019

### Memberships past and present:

- 1. Malaysian Medical Association.
- 2. Malaysian Academy of Family Physicians.
- 3. Institute of Functional Medicine, USA.
- 4. Australian College of Nutritional and Environmental Medicine. Australia
- 5. Institute of Lifestyle Medicine. USA
- 6. Medical Fitness Association. USA
- 7. Karnataka Medical Council. India.
- 8. Indian Nutritional Medicine Association. India
- 7. International Society of Nutri-genomics and Nutri-genetics.
- 8. Associate member of International EECP Society